

Move-In Checklist

Preparing for Your Move to Bethany

Important Documents

- ☐ Alberta Health Care card
- ☐ Personal identification
- ☐ Medication list and pharmacy information
- ☐ Personal Directive or Enduring Power of Attorney (if applicable)
- ☐ Contact information for family or legal representatives
- ☐ Any specialist appointment information

Clothing & Personal Items

- ☐ Comfortable, washable clothing
- ☐ Non-slip shoes or supportive footwear
- ☐ Pajamas, robe, and slippers
- ☐ Outerwear appropriate for the season
- ☐ Label all clothing and personal items
- ☐ Toiletries and personal care products
- ☐ Eyeglasses, hearing aids, dentures, and chargers/batteries

Comfort & Familiar Items

- ☐ Family photos or small decorations
- ☐ Favourite blanket or comfort item
- ☐ Books, puzzles, or hobbies
- ☐ Small personal items that help make the room feel like home

Equipment & Mobility Aids

- ☐ Walker, wheelchair (if applicable)
- ☐ Hearing aid equipment
- ☐ CPAP machine or other personal medical equipment
- ☐ Ensure all equipment is clearly labelled

Before Move-In Day

- ☐ Confirm your move-in date and arrival time
- ☐ Arrange transportation to Bethany
- ☐ Review any questions with the care team
- ☐ Notify family and friends of your new address and phone number

Please note that while we take every reasonable precaution to respect and safeguard these items, Bethany cannot assume responsibility for loss or damage.